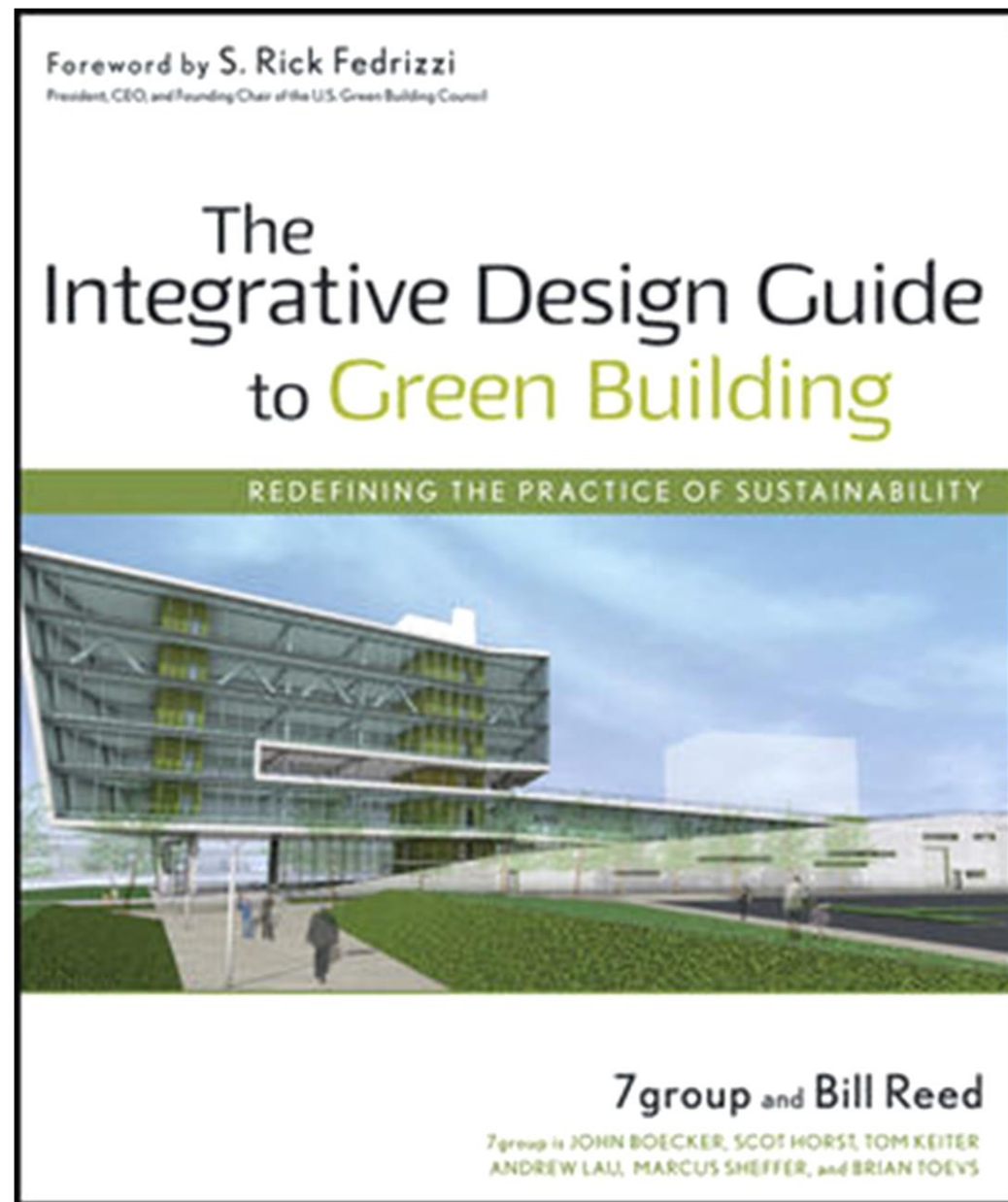


# Preparation Phase

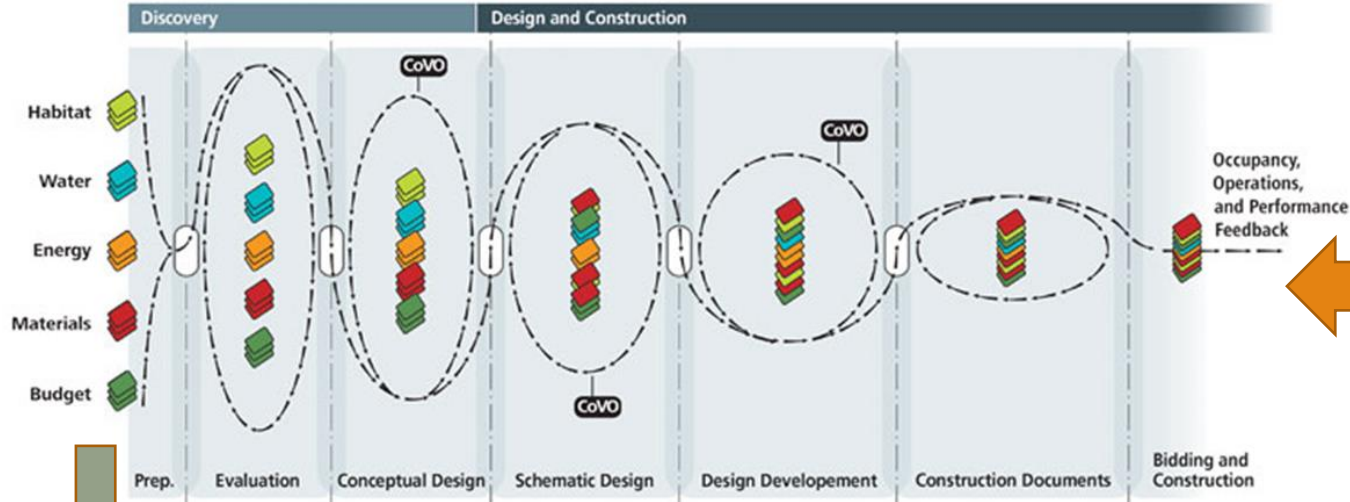
---

جلسه پنجم- مبانی طراحی محیطی،  
نظریه و روش‌ها

فروردین ماه 1399

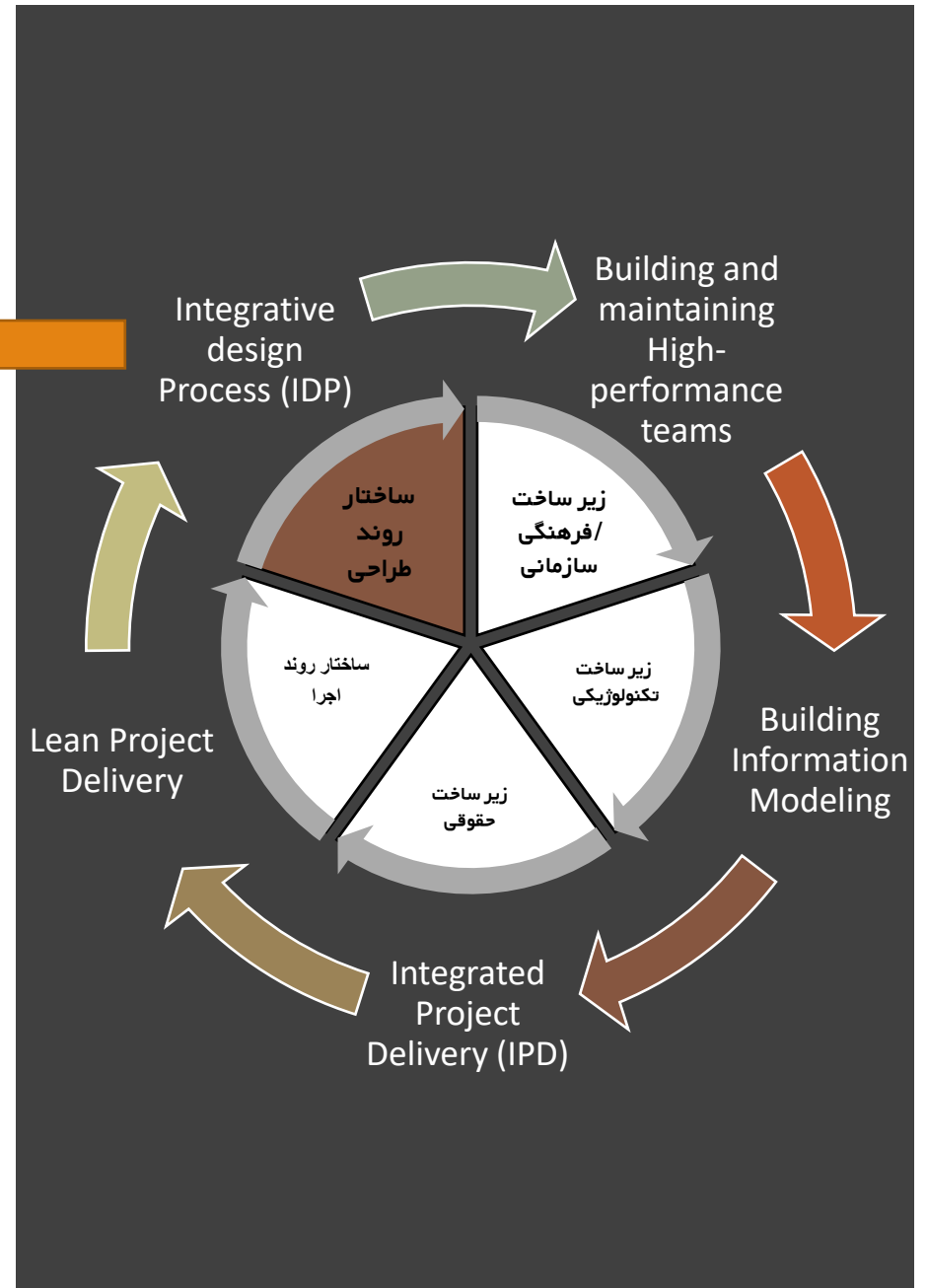


# Integrative Process

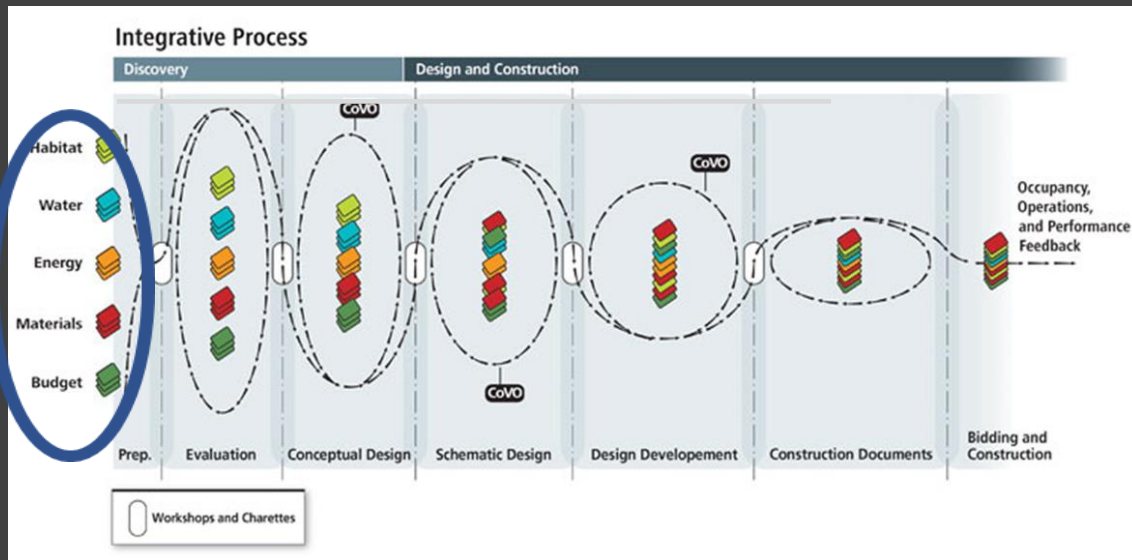


Preparation Phase

# Introduction



# Preparation Phase



## Stage A.1

### Research and Analysis: Preparation

#### A.1.0 Prepare *Proposal A*

- Establish scope and fees for initial Goal-Setting Workshop

#### A.1.1 Fundamental Research for Workshop No. 1

- Site selection: Assess optional sites (if not already selected)
- Context: Identify base ecological conditions and perform preliminary analysis of the four key subsystems:
  - Habitat
  - Water
  - Energy
  - Materials
- Stakeholders: Identify key stakeholders—social and ecological
- Program: Develop initial functional programmatic requirements

#### A.1.2 Principles and Measurement

- Select rating system and performance measurement criteria

#### A.1.3 Cost Analysis

- Prepare integrative cost-bundling framework template

#### A.1.4 Schedule and Fees

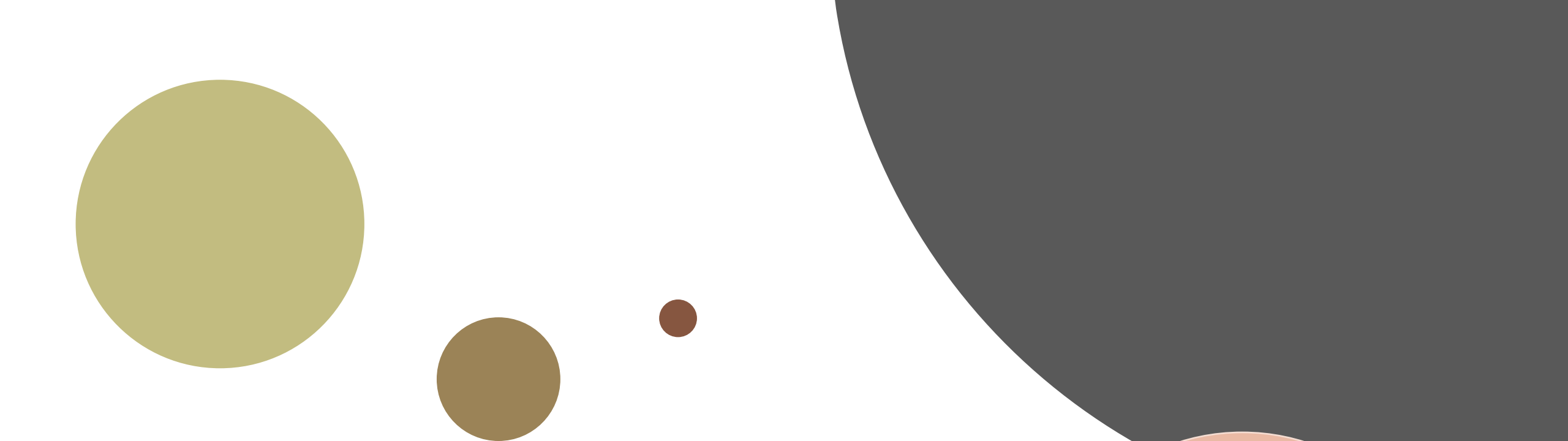
- Develop a scheduling template—a *Road Map*—for assigning tasks
- Prepare Agenda for Workshop No. 1

# Preparation of proposal A



-Proposal A:  
Selected key consultants or team members are asked to submit a fee only for participating in the initial goal-setting workshop and preparing the background research needed.

-Proposal B: With clearer understanding of scope and schedule, all team members can now assign more accurate fees to the tasks required for the remainder of the project.



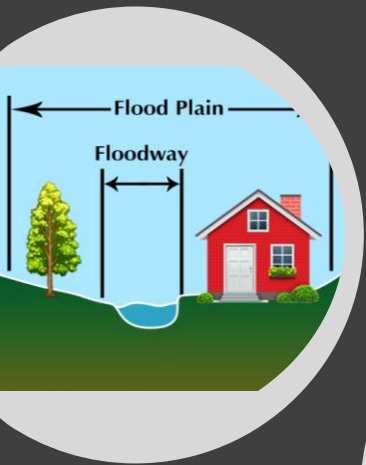
# Fundamental Research for workshop No. 1

- Site selection
- Stakeholders Selection
- Developing Functional Programs
- Context (Habitat, Water, Energy, Materials)



# Site Selection Criteria

- Sensitive land protection: Avoid building on the following sites:
  - Prime farmland
  - Floodplains
  - Habitat for endangered and threatened species
  - Close proximity to wetlands and water body
- High-Priority site: Building on areas with development constraints and promote the health of the surrounding area:
  - Historic District
  - Priority Designation
  - Brown Field Remediation
- Building in dense areas with diverse uses
- Building close to public transportation/ bicycle network.



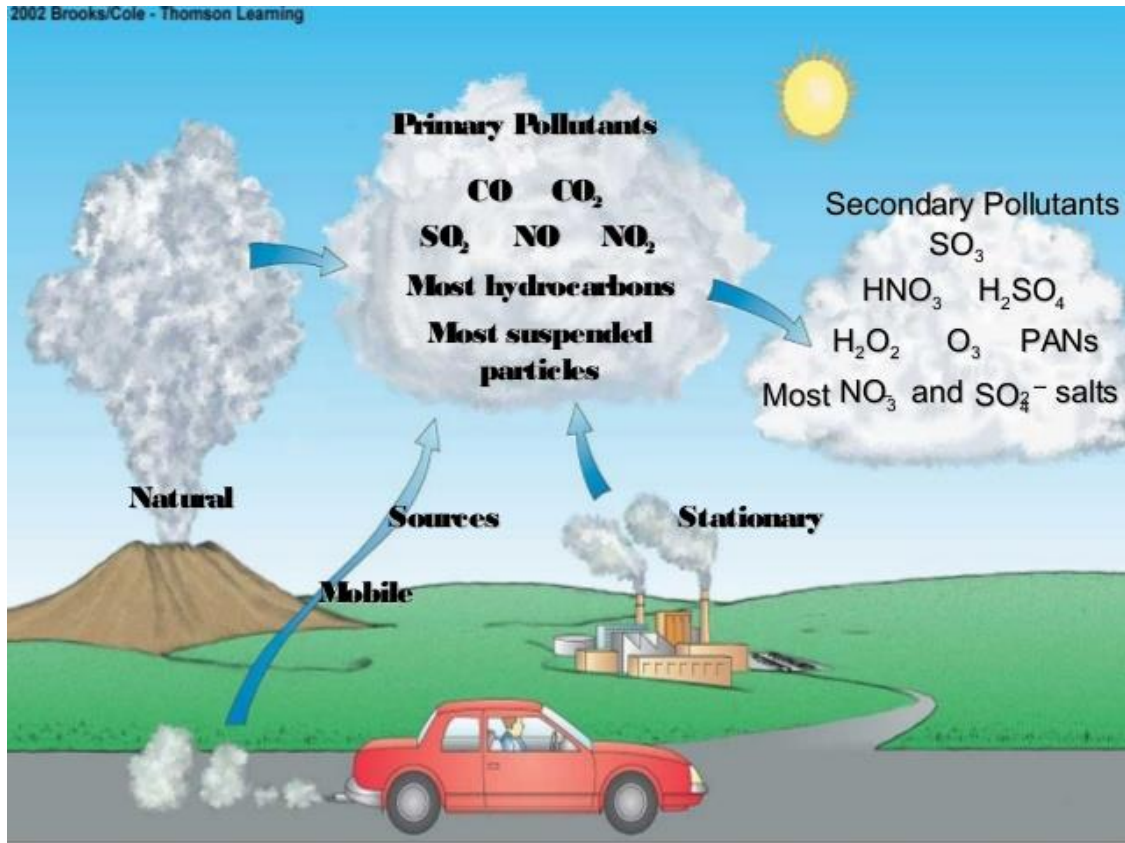
# Context

- This is the beginning of an iterative process- a living research document that evolves with deepening understanding of what is needed to sustain the health of the systems that support life in this place.

Two Potential tracks to address:

1- Reduce Consumption

2- Restore the health of the key living systems that the project is influences and is a part of.



Air Quality Index	Descriptor	Actions to protect your health from pollution	
		Ozone	Particulate matter
0 to 50	Good	None	None
51 to 100	Moderate	Unusually sensitive people should consider reducing prolonged or heavy outdoor activity	Unusually sensitive people should consider reducing prolonged or heavy activity
101 to 150	Unhealthy for sensitive groups	The following groups should reduce prolonged or heavy outdoor activity: People with lung disease (e.g., asthma) Children and older adults People who are active outdoors	The following groups should reduce prolonged or heavy outdoor activity: People with heart or lung disease Children and older adults Everyone else should limit prolonged or heavy activity
151 to 200	Unhealthy	The following groups should avoid prolonged or heavy outdoor activity: People with lung disease (e.g., asthma) Children and older adults People who are active outdoors Everyone else should limit prolonged outdoor activity	The following groups should avoid all physical activity outdoors: People with heart or lung disease Children and older adults Everyone else should avoid prolonged or heavy activity
201 to 300	Very unhealthy	The following groups should avoid all outdoor activity: People with lung disease (e.g., asthma) Children and older adults People who are active outdoors Everyone else should limit outdoor activity	The following groups should remain indoors and keep activity levels low: People with heart or lung disease Children and older adults Everyone else should avoid all physical activity outdoors

# Habitat

Research outdoor air quality issues



# Habitat

- Investigate human, earth, and biotic systems to understand the patterns of place
- Research both ecological systems (geohydrology, soils, local habitat, etc) and social systems (history, settlement patterns, etc.)





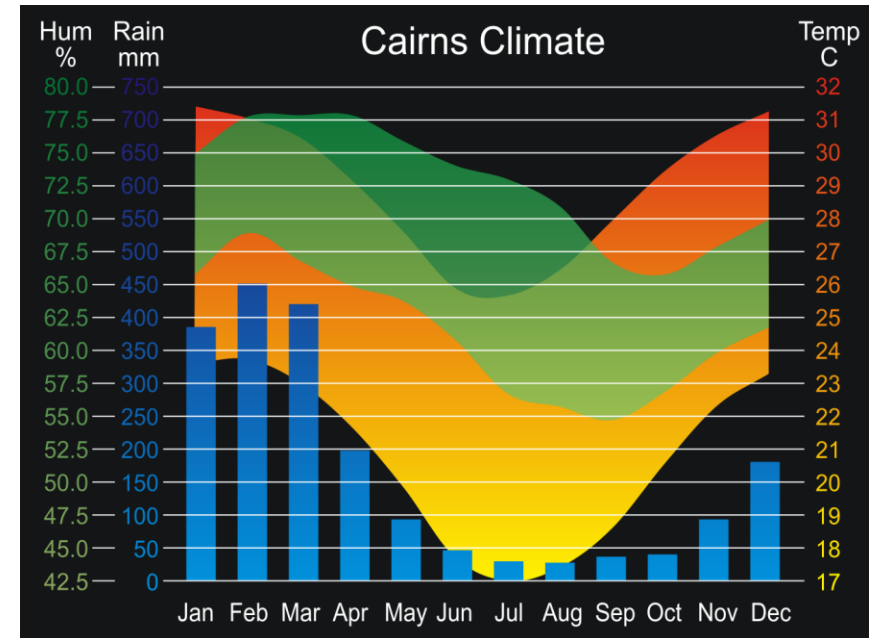
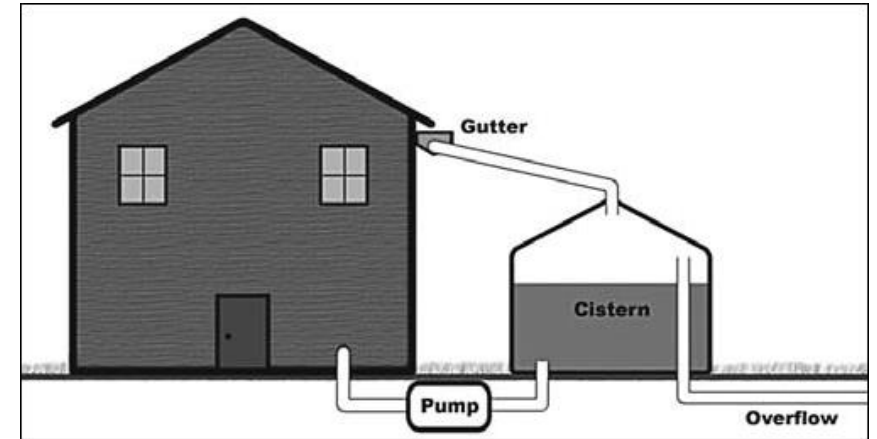
# Community and watershed Living-system patterns

- Have a team member (e.g. system ecologist, permaculturist, biologist, ...) present to the team an assessment of site and neighborhood interrelationships.
- **Permaculture** is a system of agricultural and social design principles centered around simulating or directly utilizing the patterns and features observed in natural ecosystems.
- By understanding the patterns of living systems and how they worked in the past, we can look to create, or rediscover, potentially healthier and mutually beneficial future relationships between the site's habitat and cultural aspects, building occupants, visiting users, the community, and the watershed.



# Water

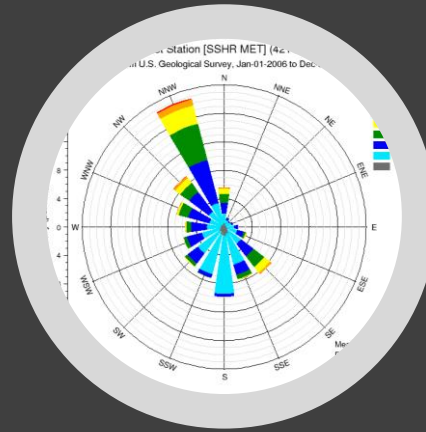
- Gather the following basic data
  - Annual rainfall
  - Average monthly rainfall
  - location of sewage treatment plan facilities (map and distance from site)
  - Water sources
  - Groundwater depth and flow at site
  - Average water treatment cost
  - Quality of the groundwater
  - Average potable water supply cost
- Investigate water flows, water quality, conservation methods, topography, geohydrology, soils, wetlands, adjacent bodies of water.
- Research rainfall rates and perform a basic water-balance study.



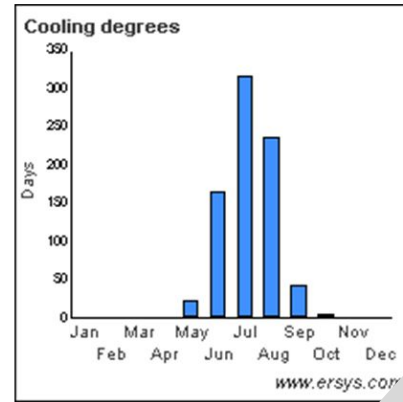
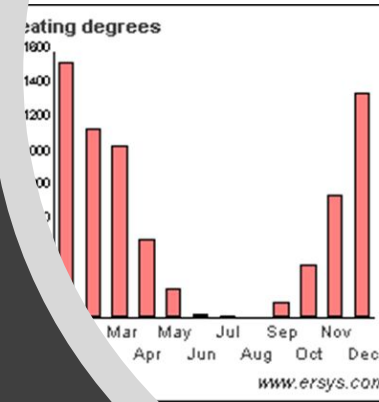


# Energy

- Understand the climate of the place; gather available climatic data:
  - solar and wind capacity
  - Heating degree days
  - Cooling degree days
  - Windrose...
- Investigate Energy sources, microclimates, utility providers, potential financial incentives, ...



## Degree-Days Heating/Cooling



Indianapolis

[www.ersys.com/usa/18/1836003/wtr\\_norm.htm](http://www.ersys.com/usa/18/1836003/wtr_norm.htm)

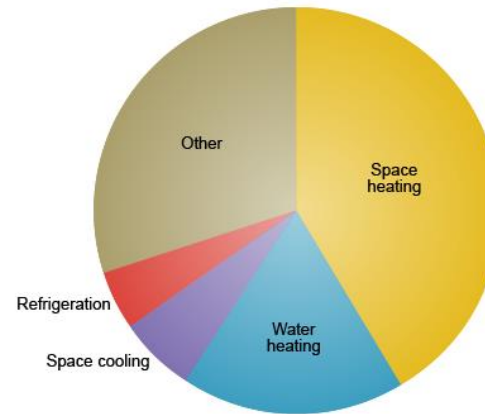




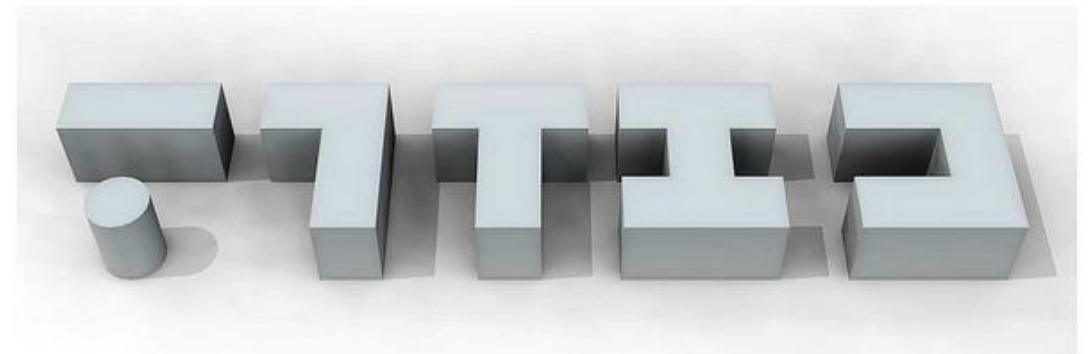
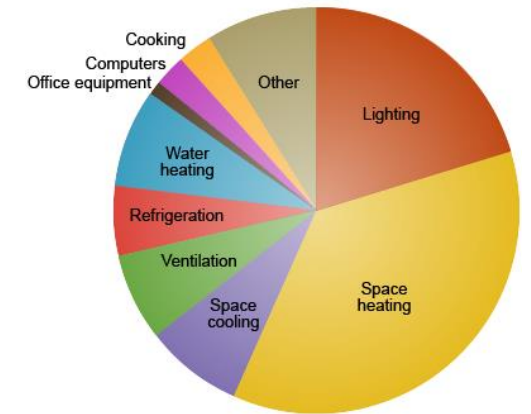
# Energy

- Understand the building's likely distribution of energy consumption by end use
- produce base-case energy model

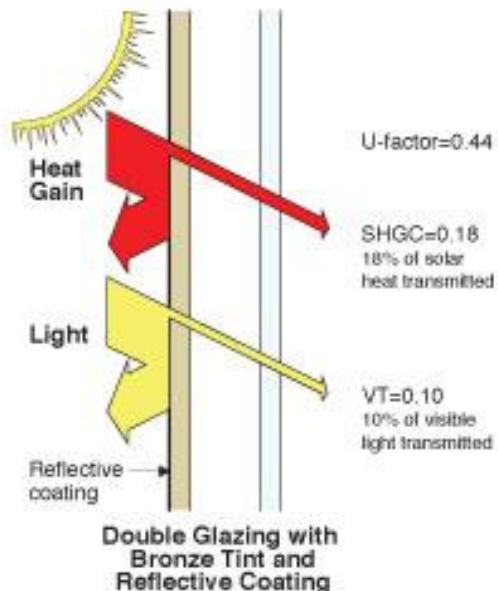
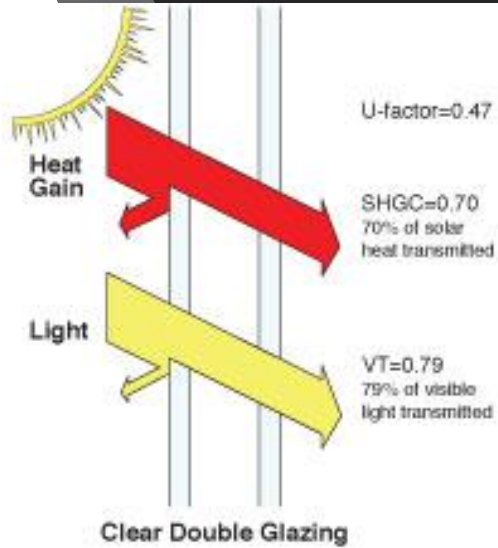
Residential Energy Consumption by End Use, 2009



Commercial Energy Consumption by End Use, 2003



# Energy- Building Massing Model



- Initial evaluation of potential overall energy strategies:
  - solar orientation
  - Insulation values
  - Window performance levels
- Initial modeling iterations could include:
  - Building-rotation evaluations
  - Walls and roof R-value
  - window-size variations
  - window evaluations with performance criteria for both solar heat gain coefficients and overall U-values
  - A matrix that shows the differences in energy use for each of the above envelope performance parameter levels.
  - Report results in kBTU/square foot/year.

# Energy

- Benchmark energy performance based on:
  - Prescriptive code: based on codes (ASHRAE 90.1- California 2001)
  - Performance code: based on Similar buildings- using Target Finder tool).



## Target

You can choose either a Target ENERGY STAR Score or a Target % Better than Median to see how much energy your property would need to be consuming annually to reach your target. If you have estimated your property's annual consumption, you can compare this against your target.

**Target ENERGY STAR Score**



ENERGY STAR Scores are not available for every type of property because of availability of reliable reference information.

(1-100)

**Target % Better than Median**



This is calculated based on the median property. For example, you might like your property to be 20% better than a typical property of the same type.

# Materials

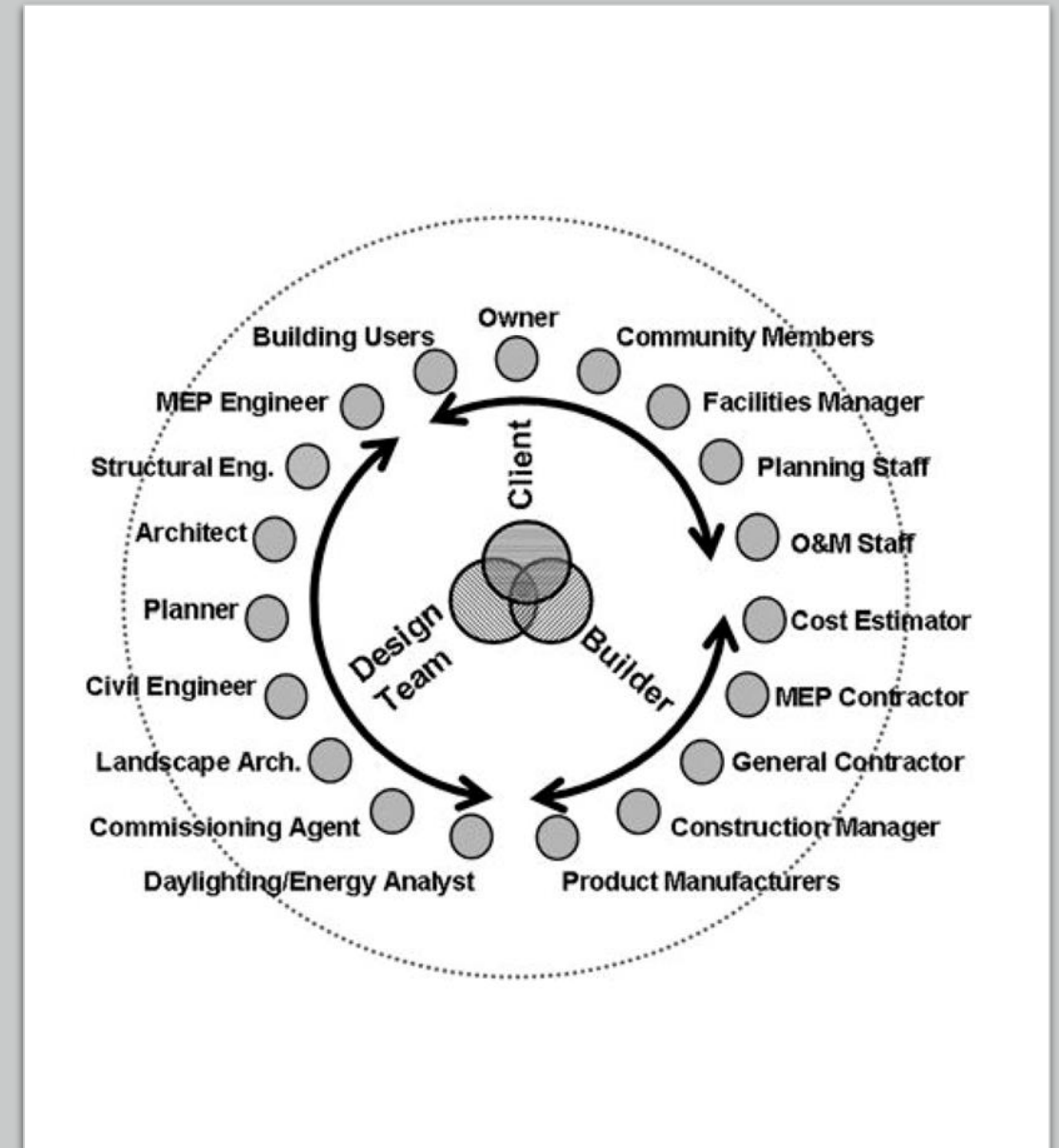
- Identify local building materials
- Identify alternative and indigenous building materials and building techniques used historically in the place.
- Identify local recycling infrastructure to determine capabilities for recycling construction and demolition waste.
- Research potential for obtaining life cycle inventory data for various likely materials.





# Stakeholders

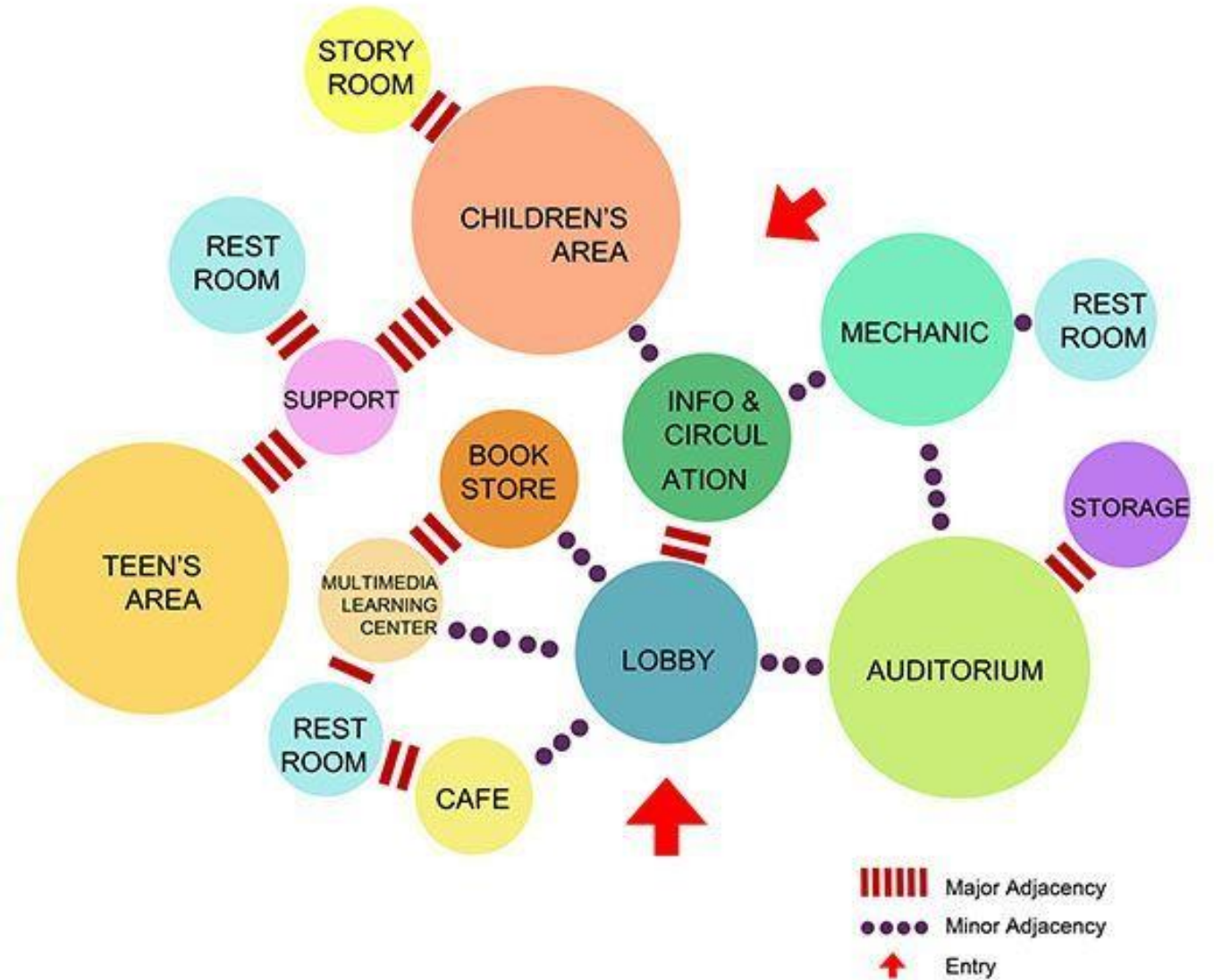
- Include everyone early- 70% of the decisions associated with environmental impacts are made during the first 10% of the design process
- Select the right team members based on expertise
- Recognize where additional expertise may be needed
- For advanced whole-systems approach additional expertise may include: a systems ecologist, geohydrologist, restoration biologist, community facilitator, social historian, etc.



# Functional Program

Develop initial functional programming requirements (briefing package):

- Basic areas
- Functions
- Proximities
- Adjacencies



# Think about Joint Use of Facilities!

Think about ways to integrate the school with the community by sharing the building and its playing fields for non-school events and functions.

**Option 1.** make building space open to general public

**Option 2.** Contract with specific organizations to share some building spaces

**Option 3.** Use shared spaces owned by other organizations





## Other Activities During the Preparation Phase

- Selecting Principles & Measurement systems
- Cost Analysis
- Determining Schedule & fees





Introduction of novel features and procedures



Use of natural light and efficient air conditioning



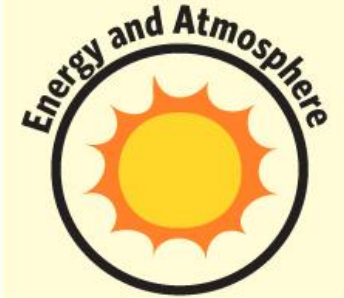
Responsible construction waste management and sustainable sourcing of materials



Land protection and access to public



Sufficient green open space and



Optimizing sustainable energy production



Indoor and outdoor water reduction

# Principles and Measurements

- Select rating system and performance measurement criteria
  - LEED
  - Green Globes
  - LivingBuilding Challenge
  - Labs21
  - Ecological footprint
  - CO2 balancing
  - Life cycle assessment (LCA)
  - BREEAM (UK)

## Cost Analysis/Schedule & Fees

- Prepare integrative cost-bundling framework template
  - A framework of costs listed or grouped by broad functions.
- Develop a scheduling template- a road map- for assigning tasks.
  - The detailed scope of integrative design work (interactions and tasks) for the project
  - The issues that will need to be addressed
  - The specific tasks and interactions between team members. So that proposal B can be written more accurately and fairly.

# Large Resort Development Time Line and Scope Matrix

Bill Reed, Regenesys, Inc.

## Issues

### Green Program Management

- RFPs
- Integration Meetings
- Integration Conf Calls
- Budget
- LEED process management

### Schedule and integration coordination

The Nature of Place  
Patterns of Relationship to guide us towards a long term healthy development

- Cultural - archeological current social systems
- Geomorphology
- Wildlife - plant/animal
- Micro and macro climate
- Land use
- Nutrient Cycling
- Food Resources
- Landscape
- Water Resources
- Ocean ecosystem

### Habitat Design

- Landscape Design
- Golf Course Design
- Integration w Storm Water Management

### Water Systems

- Hydrology
- Ground Water monitoring wells needed
- Surface Water
- Use patterns - current and future
- Water Quality

### Initial Workshop 12/8/04

### Energy Systems

- Energy Use and Modeling
- Various Structures
- Renewable Energy
- MEP design
- Engage Gov't agency
- Engage Utilities

### Weather station installation monitoring and data gathering

### Community Systems

- Transportation Energy and Systems
- Solid Waste
- Integration with Community and Regional natural systems/ NGO work

### Community Planning / Master Planning

Urban Green - Jim Heil ?

### Architecture / Design

Green Pattern book additions / edits

### Material Systems

- Life Cycle Assessment
- Chemical Analysis - toxicants
- Health Analysis

### Construction Methodology

- Cost Estimating - Life Cycle
- Project Cost Modeling
- Energy Efficiency on site
- Waste reduction
- Waste recycling and reuse
- Pollution reduction
- Building Forensics
- Commissioning
- Erosion and Dust control
- Health and Safety
- Social Health
- Environmental Manual

### Feedback Systems

- Metrics and Benchmarks
- Incentivization
- Continuing Education
- LEED management - assignments
- Input Output - Business and ecological flows

### Environmental Impact Report

Sustainability officer needed

### Greening the Development Company

Company practices

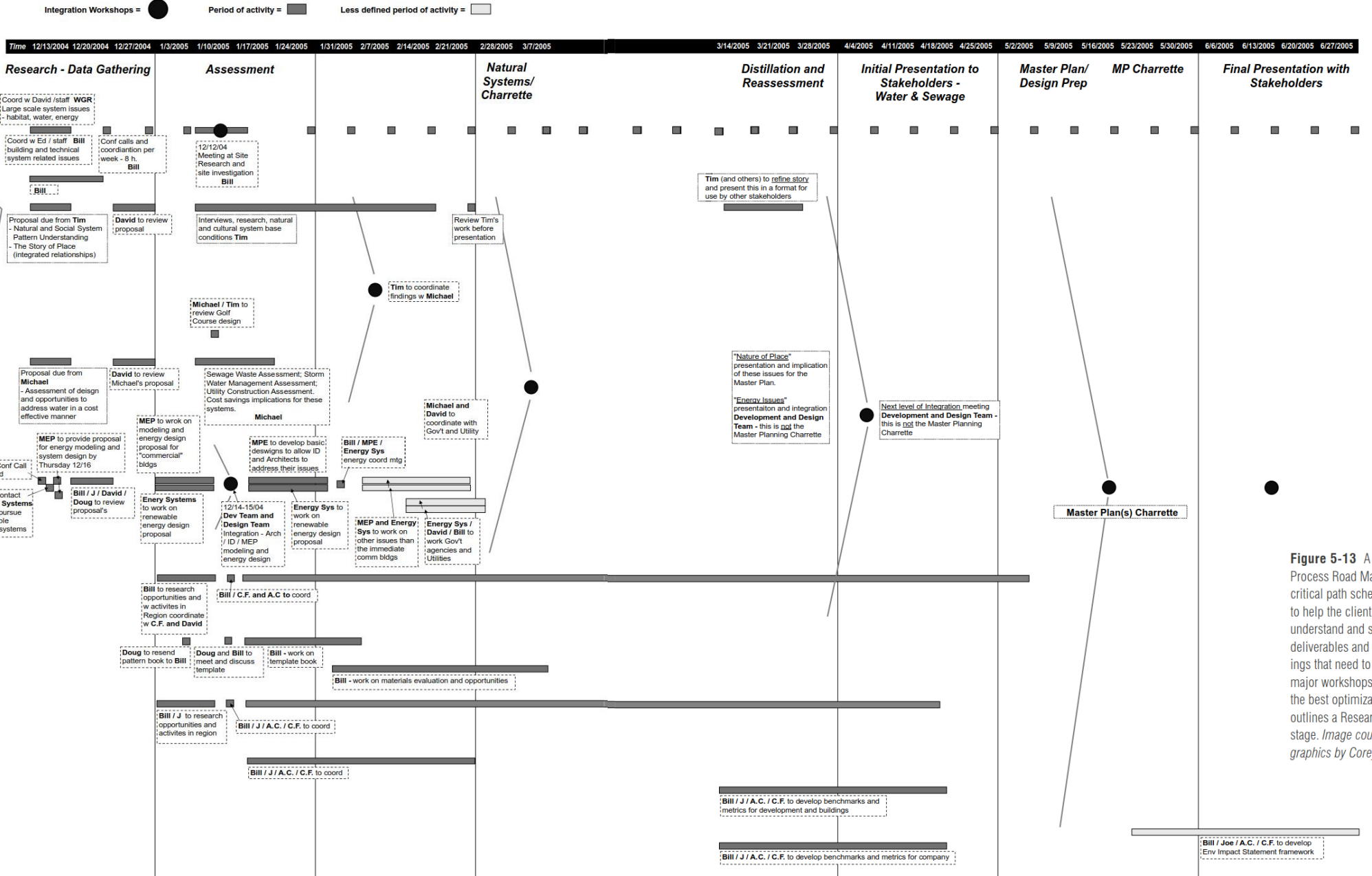
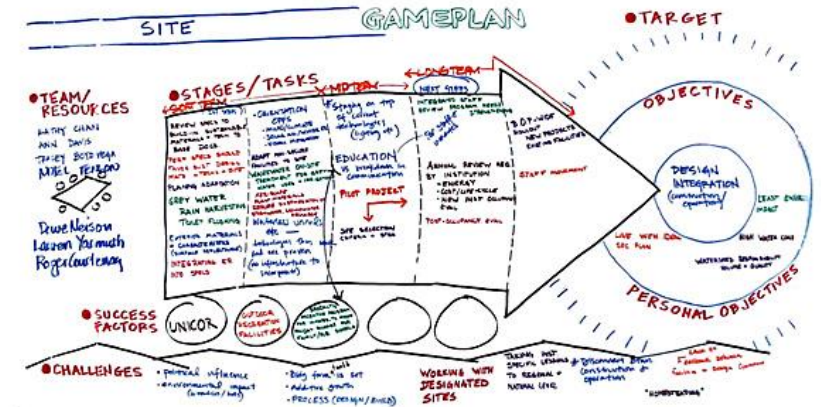


Figure 5-13 A sample Integration Process Road Map. This is not a critical path schedule; it is designed to help the client and design team understand and schedule the various deliverables and integration meetings that need to occur between major workshops in order to achieve the best optimization. This example outlines a Research and Analysis stage. Image courtesy of Bill Reed; graphics by Corey Johnston.

# Prepare Agenda for workshop No. 1

- Include input from the primary team members
- Could be accomplished by scheduling a conference call
- Slavish adherence to established agenda activities and time frames can stifle valuable discussions.
- “Follow the energy in the room.”
- Establish and outline the purpose and objectives of the workshop.





Questions to  
Consider for  
writing the  
Reflections:



1- FOR ONE OF THE DISCUSSED SUBSYSTEMS (HABITAT, ENERGY, WATER, MATERIALS) PERFORM THE STEPS DESCRIBED IN THIS SESSION ON YOUR STUDIO PROJECT. SUBMIT YOUR REFLECTION ON THE ACTIVITY & SUPPORTING MATERIALS.